



"Reducing Costs, Increasing Access, Improving Health"

OBJECTIVES AND FEATURES OF THE HEALTHY
PEOPLE PROGRAM (NPDP-HPP)

December 9, 2010

About The Plan---Launched..Sept 20



NPDP is an initiative by the Government of The Bahamas, in conjunction with NIB, to improve access to prescription drugs and medical supplies for chronic diseases to enhance the health and quality of life of Bahamians.



The Healthy People Program

'Know the Risk.....Act in Time'

Goals of HPP

- **Develop and entrench a 'culture of wellness'**
- **Increase healthy life expectancy—add years to life and life to years**
- **Develop partnerships with organisations for implementing wellness programs**

Objectives of HPP

- **Provide funds to support well-designed community projects**
- **Raise awareness of health risks and promote healthy lifestyle**
- **Develop a database and information sharing network on healthy people activities.**

SCOPE OF PROGRAM

- * Diet and Nutrition
- * Obesity Control
- * Physical activity and fitness

- * Self-management materials and toolkits for chronic diseases
- * Health education materials

A-LIST

- * Research and publication
- * Training and capacity-building

- * Screening for chronic diseases
- * Patient drug adherence management
- * School health activities

SCOPE OF PROGRAM

* Injury and violence reduction

* Mental health

* Oral health

B-LIST

* Occupational health and safety

* Food safety

* Medical products safety

* Responsible sexual behaviour

* Disability and related conditions

Fundable Activities

Community and Ongoing Activities

- **Screenings**
- **Production of health education materials**
- **Health fairs and exhibitions**
- **School and workplace wellness initiatives**
- **Targeted training**

National 'Signature' Pilot Events

- **Interactive websites**
- **National health and lifestyle survey**
- **Schools challenge quiz**
- **Fitness and behaviour change modules**
- **National conference on best practices in wellness**

Management Aspects of HPP

NIB Board sets policy guidelines and makes final decisions

- **Management Committee comprising NIB and MOH representatives to assess and recommend projects**
- **Director of NIB to review and sign off recommendations**
- **Annual and special reports to be provided to the Board**

Funding Arrangements

- **Grant funds derived from share of annual budget for Drug Plan.**
- **Supplementary funds from partnerships with local and international groups and organisations.**
- **Cost sharing with project winners**

General Procedures (1)

Project Selection and Monitoring

- **Board-Committee invites project proposals (likely 3 rounds per year)**
- **Interested groups complete and submit project documents (Annexes provide details of information requirements).**
- **Committee evaluates and recommends to Director for sign-off**
- **Formal agreement for project activity and funds signed by Board and project group**
- **Project implemented with ongoing monitoring by Committee.**
- **Project may be terminated and all or some funds recalled for failure to implement in a timely or complete manner.**
- **10% of funds withheld until satisfactory completion of project.**

General Procedures (2)

Project Selection Checklist-Criteria

- **Is project relevant Re: priorities?**
- **Are all supporting documents well-prepared?**
- **Is project design appropriate for problem?**
- **Is project targeted to high risk groups?**
- **Does project involve collaboration with other groups?**
- **Is funding request reasonable?**
- **Are other sources of funds specified?**
- **Is project team appropriate?**
- **Does organisation have strong track record?**
- **Is organisation up to date with payments to NIB?**

General Procedures (3)

Post-project Evaluation

- **Was project completed in agreed timeframe?**
- **Did project have planned reach and impact?**
- **Did beneficiaries have positive view of project?**
- **Were the funds efficiently spent?**
- **Did project team display req'd expertise and commitment?**
- **Were all necessary reports submitted on time?**
- **Lessons Learnt:—what worked well/did not work well; main facilitating/frustrating factors; replicability aspects; follow-up action**

Q & A

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